Course Codes: 5816 and 5817

Parenting Education 1 and 2 are designed to provide students with information and experiences for their future roles as parents/parent educators. Information and developed skills will enable future parents to meet optimal care, guidance and nurturing responsibilities for their children and/or provide training for parents who lack these skills. Learning experiences will focus on effective parenting characteristics, teen-age pregnancies, parenthood roles and responsibilities, planning for parenthood, growth and development of children and careers related to parenting.

Objectives: Students will:

- 1. demonstrate developmentally appropriate efficacious parenting characteristics.
- 2. determine parenting roles and responsibilities.
- 3. analyze strategies used to plan for parenthood.
- 4. describe prenatal development.
- 5. examine challenges related to teenage pregnancies.
- 6. research skills and training needed for careers related to parenting.

Credit: ½ - 1 per level

National Certification: Babysitting Certification (up to 16 years old)

and/or

Child Care Certification

and/or

First Aid. CPR

American Red Cross http://www.redcross.org/

Recommended grade: 9-12

Prerequisites: None

Course Codes: 5816 and 5817

Note: South Carolina law states that students in grades nine through twelve receive instruction in comprehensive health education, including at lease seven hundred fifty minutes of reproductive health education and pregnancy prevention education. State policy states that parents have the right to have their child/children exempt from comprehensive health education program classes. See the Comprehensive Health Education Program Act at the following website: http://www.scstatehouse.net/code/t59c032.htm

Textbooks:

Parenting Education 1 and 2

Glencoe/McGraw-Hill

Parenting: Rewards and Responsibilities, 7th Edition Hildebrand Author: Student Edition 0078298334 09-12 2003 \$39.99

Parenting: Rewards and Responsibilities offers excellent scenarios to be used with character education and higher-order thinking skills. Development stages are covered from conception through the school-age child. Real-world situations in parent and child relationships are presented. Abstinence is promoted and a wide range of emotional issues is addressed. The type is easy to read and there are numerous colorful and attention grabbing pictures and charts. The teacher resources offer excellent Web sites and a CD with test-making capabilities.

Goodheart-Willcox Company

Children the Early Years

Author: Decker Student Edition 1566379458 09-12 2004 \$41.97

Children and the Early Years is appropriate for Child Development 2 as well as Education for Parenthood. The book contains excellent activities, a CD and other teacher resources with test-making capabilities.

Goodheart-Willcox Company

Parents and Their Children Student Edition

Author:Ryder and Decker 159070116X 09-12 2004 \$38.97

Parents and Their Children covers parenting concerns from the decision to become parent through child related careers. The student guide and teachers resource are excellent. The CD includes test-making capabilities.

http://www.mysctextbooks.com/

February 2005 Human Services/Family and Consumer Sciences Cluster South Carolina Family and Consumer Sciences Standards

Course Codes: 5816 and 5817

High School Education: preschool aide, family child care provider, and

recreation aide

Postsecondary Education: child day care supervisor, special education aide,

preschool teacher, and after-school program

supervisor

Postgraduate Education: family and consumer sciences teacher, preschool

director, kindergarten, elementary, middle, or

secondary teacher, children's center supervisor, child psychologist, adoption specialist, social worker, child

care center inspectors

Standards Revision Committee:

Kimberly Alston Kimberly Myers
Palmetto Healthy Start Aynor High School

Rosa Bright Vanessa Thomas
Marlboro County High School The Nurturing Center

Karen Dukes Carole Walters

You First Heritage Community Services

Jeannie Jamieson Jackie Whitmore

Indian Land High School

Rebecca Mann Wren High School Palmetto Healthy Start Male Involvement

Course Codes: 5816 and 5817

LEVEL 1 - 5816

A. Characteristics of Effective Parenting

- 1. Develop strategies to encourage high self-esteem.
- 2. Evaluate personal readiness for parenthood.
- 3. Demonstrate appropriate communication skills.

B. Teenage Pregnancies

- 1. Identify the consequences of teenage pregnancies.
- 2. Identify community resources that provide services for teen parents and their children.
- 3. Describe the roles and responsibilities of teenage fathers.

C. Parenthood Roles and Responsibilities

- 1. Assess the roles, responsibilities, and rewards in being an effective parent.
- 2. Investigate societal issues affecting individual, family, and community well-being.
- 3. Investigate cultural differences in parenting styles.
- 4. Plan strategies to obtain and allocate resources (time, space, money, energy) to insure emotional and physical well-being of parent and child.
- 5. Determine criteria for selecting care and services for children.

Course Codes: 5816 and 5817

LEVEL 2 - 5817

D. Planning for Parenthood

- 1. Investigate nontraditional methods for becoming a parent i.e. adoption, medically assisted pregnancies
- 2. Describe methods of birth control in the context of family planning.
- 3. Investigate the advantages of marriage in parenting.

E. Growth and Development

- 1. Describe comprehensive health care and nutritional practices before and during pregnancy.
- 2. Determine medical choices that must be made in regard to labor and delivery, i.e. anesthesia, doctors, childbirth methods, etc.
- 3. Describe the role of the parent in guiding children's physical, social, emotional, moral, and intellectual development.
- 4. Explore acceptable methods of guidance used to modify behavior in a child.

F. Careers

- 1. Examine career opportunities related to parenthood education.
- 2. Demonstrate career development techniques.
- 3. Demonstrate job-seeking skills using technology.